

The **Key Stage 2** resource features five filmed lessons that guide teachers and students through a selection of creative tasks to generate new and unique movement that can then be assembled to form a short piece. These lessons are themed, based on the City, technology, the sea, jungle and desert with cross-curricular links to Geography and Design Technology.

KS2: Aligns with KS2 PE objectives:

- Develop balance, agility and co-ordination
- Perform dances using a range of movement patterns
- Make actions and sequences of movement
- Communication and Collaboration
- Develop flexibility, strength technique, control and balance
- Compare performances with previous ones and show improvement to achieve their personal best

KS2 direct curriculum links and outputs years 3 – 6

English: Lessons 1-5

- Consider and evaluate different viewpoints (dance appreciation)
- Secure decoding of unfamiliar words (dance vocabulary)
- Use spoken language to speculate and explore (communicate with partners and in groups; evaluate and comment on peer performances)

Maths: Lesson 1

- Identify and use right angles (Grid Walking task Lesson 1)

Geography: Lesson 5

- Describe and understand mountains (Lesson 5 theme)

Physical Education: Lessons 1-5

- Develop flexibility and control in gym and dance (physical output and benefits across all 5 lessons)