

Student Handout - Starter

A stimulus can be divided into five categories:

1. Visual – What we see
2. Auditory – What we hear
3. Kinaesthetic – Movement
4. Tactile – What we touch
5. Ideational – Ideas

It is a good idea to provide students with different stimulus ideas. These could be in the form of:

- An audio clip (e.g. a song or speech).
- An inspirational video clip of a potential dance that you wish to replicate.
- A picture or series of pictures that direct the student to similar creative outlooks.
- Something to touch: maybe a texture is the inspiration, and how it feels should be replicated in the movement.
- A word: maybe students want to explore the meaning of a word, how it sounds, and how it can be written using the body.
- A story: maybe students want to illustrate a story that has relevance to them personally, representing its themes through dance.

Generic questions to produce constructive answers:

- How does it make you feel?
- What does it sound like?
- What does it look like?
- What can you see?
- What does it mean to you, if anything?
- How does the object behave?
- How does it move?
- What does it feel like?
- Describe what you hear?
- Describe what you see?
- Where is the object; does this influence the object?
- What environment would this object be compatible with?
- What are the first five words you think of when seeing the object?
- What emotion/s do you associate with this object?
- What temperature do you think this object would be?
- What is the size of the object; does it vary?
- Is it associated with any colours / which?
- Can you use this object; if so how?
- What is the object's primary purpose?